

## **Refugees and migrants – how to work with lifelong career management skills?**

This workshop proposes ways to work with career management skills in the context of an existential group counselling where the counselees are refugees or migrants with a beginner level in the host country`s language. In our perspective it is essential to incorporate reflection on existential matters in career guidance when you are dealing with people who have left their usual environment, careers, education, friends and families.

The activities are inspired by a framework for career intervention (Bernaud et al., 2015 & Bernaud, 2018) and based on a French – Danish research project (Petersen et Patillon, 2019). The purpose with the group counseling is to encourage reflection on existential matters, facilitate the work with career management skills and to support social inclusion.

The workshop will shortly introduce to the research project and the theoretical background for the activities. There will be “hands-on” activities where the participants will try out some of the exercises followed by discussion.

Workshop holders:

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Bernaud, J.-L. et al. (2015). *Psychologie de l'accompagnement*. Paris: Dunod.  
Bernaud, J.-L. (2018). *Introduction à la psychologie existentielle*. Paris: Dunod.  
Petersen, I.-L. et Patillon, T.-V. (2019). Le dispositif d'accompagnement SVST auprès des jeunes vulnérables : une recherche-action au Danemark. In Bernaud et al. (Ed.). *Sens le vie, Sens du travail: Pratiques et méthodes de l'accompagnement en éducation, travail et santé*. Paris: Dunod, 94-105.